



**SANTO
ANTÓNIO**
INTERNATIONAL SCHOOL

SAIS Primary Curriculum

Our Primary Curriculum provides a broad, balanced, and engaging education that follows the Cambridge framework while incorporating local and international perspectives. We aim to develop confident, responsible, reflective, innovative, and engaged learners who are prepared for future academic success and lifelong learning.

Year 1 – Primary 1

Students build strong foundations in literacy, numeracy, personal development, and exploration through the following subjects:

- English - Phonics and Early Reading
- Portuguese
- Mathematics
- Understanding the World
- Religious Education (RE)
- Art and Design (Creative Arts / Art and Craft)
- Music
- Performing Arts
- Computing (Digital Skills / Early Computing)
- Physical Education (PE)
- PSHE – Golden Time (learning through games and tutor time)

Years 2 to 4 – Primary 2 to Primary 4

As student progress through Key Stage learning, they deepen their understanding and develop subject-specific knowledge and skills through:

- English
- Portuguese
- Mathematics
- Science
- History
- Geography



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- Religious Education (RE)
- Art and Design (Creative Arts / Art and Craft)
- Music
- Performing Arts
- Computing (Digital Skills / Early Computing)
- Physical Education (PE)
- PSHE - Golden Time (learning through games and tutor time)

Years 5 to 6 - Primary 5 to Primary 6

In the upper primary years, students are encouraged to think critically, collaborate effectively, and apply their learning across a range of disciplines. The curriculum includes:

- English
- Portuguese
- Mathematics
- Science
- History
- Geography
- Global Perspectives
- Design Technology
- Religious Education (RE)
- Art and Design
- Music
- Performing Arts
- Computing (ICT skills, coding, digital literacy)
- Physical Education (PE)
- PSHE (Personal, Social, Health and Economic Education)

Cambridge Approach to Learning

Through the Cambridge curriculum, students develop essential knowledge, understanding, and skills across all subject areas. Learning is designed to encourage curiosity, creativity, critical thinking, communication, and collaboration. Our teaching approach supports every child in achieving their full potential while fostering a love of learning and respect for others.



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Enrichment and Personal Development

Alongside academic learning, students participate in a variety of creative, physical, and collaborative activities that support their personal growth, wellbeing, confidence, and global awareness. Through PSHE, Performing Arts, Music, Sport, Global Perspectives, and Religious Education, students develop the skills and values needed to become active and responsible members of their communities.

Enrichment and Practical Learning

In addition to our core curriculum, we offer a range of enriching experiences that support students' personal, social, creative, and physical development. These activities provide valuable opportunities for hands-on learning, problem-solving, teamwork, and wellbeing.

Our enrichment programme includes:

- Gardening, where students develop an understanding of nature, sustainability, and responsibility.
- Cooking, which promotes healthy living, practical life skills, and creativity.
- Library sessions that foster a love of reading, research skills, and independent learning.
- LEGO-based learning activities that encourage creativity, engineering thinking, collaboration, and problem-solving.
- Yoga, helping students develop mindfulness, balance, flexibility, focus, and emotional wellbeing.