

Eyes on SAIS

Written and edited by the SAIS Media Club -
news from all three campuses, once a month



SANTO
ANTÓNIO
INTERNATIONAL SCHOOL

[Upper School](#) [Middle School](#) [Primary School](#) [Sport](#) [Events](#)

Welcome Back!

A very warm welcome to all students, parents, teachers and to everyone who is new to our SAIS community. This year will be one to remember as our beautiful primary school campus is now open. For the first time, early years, lower and upper primary students are in their own unique and stunning primary

building with our dedicated and experienced teachers. Our A8s will visit them regularly as part of their final year at school, to be role models and ambassadors; some even have siblings in primary so a visit is always needed!

Here at main campus, students are getting into the swing of things, attending school for a full month of this new academic year. For some, exams are being carried out over the next two months, starting with Global Perspectives. We wish all our scholars the best of luck. The teachers are here to support them!



Our First Edition

We are delighted to have our own student-led newsletter and here is what's in store: We will cover upper, middle and primary schools, each with their own page. There will be a sports page as we have many competitive athletes and finally, an events page to keep you up to speed. We hope you enjoy our newsletter.

Did you know you can click on any section at the top of this page to skip directly to that page?





Upper School Middle School Primary School Sport Events



Meet our Head Boy and Girl

by Daniella K

On behalf of the entire school, I would like to congratulate Mafalda Teixeira and Mateus Mota for being elected by the students and staff as our Head Boy and Girl for 2026/27!

They are working hard with the Student Representative Council (SRC) to coordinate events, fundraise and hear your suggestions.

Deputy Head Boys: Diego, Paul D.

Deputy Head Girls: Vira, Xassia F.

SRC Members: Junho, Andrei, Akillah, Daniella, Luca, Frank, Thomas C, David C.

I asked them to share some insights with the school community:

DK: *If you could give one piece of advice to the next head boy/head girl, what would it be?*

Mafalda: *Make sure you have a strong student council and deputies to help you, and learn how to perfect public speaking.*

DK: *What are your shared goals for the student council this year, and how will you measure success?*

Mateus: *Making sure each event is planned well and everyone is helping, and measuring success by evaluating how much money we make over time and how satisfied students are with our events.*



Fundraising for our A8 Prom

From left to right:
Daniella, Alyssa, Vira, Tomas



“No matter how you feel, get up, dress up, and show up.” —Regina Brett

Upper School **Middle School** Primary School Sport Events

The Middle Scoop

by Aayan P

Over the past two weeks, middle school took part in our annual Sports Week. Sports Day included running events, jumping events, shotput, vortex and several others, and everyone got to compete across a range of activities. Students also went canoeing at the beach, which made a nice change from the usual school routine and on Friday, they also took part in the school cross country.

Sports Week was a good way to get the year going, and it was enjoyable to spend that time outside with our year groups. The year has only just started, and we're looking forward to what's coming next. Luckily, sports happen very frequently and it won't be long until the next event!



Middle school art students went to the promenade at the beach for art class. Students worked on their water colors while using their surrounding area as inspiration.

The ocean, beach and sky were a great change to the inside of a classroom, perfect for art class!



A2 Visit to Estoril Promenade

“If you quit once, it becomes habit. NEVER QUIT.” —Michael Jordan

Upper School Middle School **Primary School** Sport Events

Green Fingers, Big Adventure!

by Anna A

Now, we transport you to the world of our primary school and it's escapades. What have they been getting up to? Well, they sure had some fun lately!

On Friday, September 18th, our primary students visited HortaFCUL in Lisbon as part of their gardening learning.

During the trip, they were under the guidance of Professor Pedro Moreira, Head of Science and one of the founding members of the HortaFCUL project when it began in 2009, also responsible for the project's communication and education.

But what is HortaFCUL in the first place? HortaFCUL is a volunteer-led project that promotes practical knowledge and experience of permaculture and urban agriculture. It also explores alternative approaches to community, social organisation and governance.

While visiting, primary school students had the opportunity to witness some of their work firsthand! Just to name a few, they learned about the growth of vegetables, explored biodiversity, discovered food production processes, and saw the concepts they will be exploring in their gardening lessons. Those exact gardening lessons are what this visit was a special little introduction to. But of course, aside from all that education, the kids had a lovely picnic lunch in a nearby park, enjoying outdoor time together.



“Talent without working hard means nothing.” —Cristiano Ronaldo

Upper School Middle School Primary School **Sport** Events

Moving, Racing, Achieving!

by Santiago P

European Week of Sports has brought students together through a range of fun, exciting, and competitive activities. One of the events was table tennis, where students competed against their classmates in friendly, yet highly contested matches, while putting their skills to the test, even challenging teachers (Mrs. Vilar is super good!). This sport created a vibrant atmosphere within the hall, with students enjoying the opportunity to play, and get a break from regular classwork. European Week of Sports gives students a chance to stay active, and build teamwork, so, although they aren't in class they were still learning a skill.

We also had a full-school cross country event at **Park Palmela**, producing multiple stars. Some are featured below. Our Volleyball Varsity Boys looks legit this year too. Go SAIS!



Cross country medalists pictured above: Varsity boys; Div 5 girls; Div 4 girls



Volleyball Varsity Boys from left to right:
Neysan, Ethan, Maximilian, Mr. Fernando, Mr. Pepe Moura, Martim, Frank, Luca, Junho, Paul, Julian, David

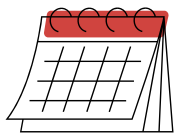
We would like to thank Mr. Pepe Moura - Veteran CNG Volleyball Club

“Be so good they can’t ignore you.” —Steve Martin



Upper School Middle School Primary School Sport **Events**

Mark Your Calendar!



October

*Sign up for Duke of Edinburgh
Upper school exams have begun*

8th - Iron Kids in Cascais

9th - Mufti day: Cancer Awareness/dream job

23rd - No school: Teacher Inset day

November

1st - All Saints' Day

3rd - Primary & A7/A8 Parents' Evening

4th - A2 to A6 Parents' Evening

5th/6th/7th - IMUN at CCB in Lisbon

16th - Berlin History Tour begins

25th - Founder's Day Annual Presentation

18th/19th/20th - CHESS Fall Tournament

December

2nd - Creative Writing Competition

3th/4th/5th - Varsit Fall Tournament

15th - Primary Nativity Play

16th - Christmas Mass

18th - Last day of school

Santo António
We Are



Kindergarten Swimming Lessons



A7 Berlengas Field Trip



**Mrs. da Costa &
Mrs. Simon -
twinning for RE**



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